



**HIV/AIDS HOLISTIC TREATMENT AND CARE (TRAINING VIDEO WORKSHOP)**

**DATES:** May 13th – June 9th, 2007  
**LOCATION:** **Cape Town, South Africa - Africa**  
**ROOM & BOARD:** Additional Cost. Email Chandler for info  
**TRAVEL:** Additional Cost. Must be organized by student.  
**TUITION:** \$3,395.00  
           Barefoot Alumni- 8% discount  
**DEPOSIT:** \$500.00  
           Deposit is non-refundable. Deposit must be in by  
           April 30th, 2007. Balance due by May 10th, 2007.  
**INSTRUCTOR(S):** Chandler Griffin  
                       Alison Fast  
**CONTACT:** Chandler Griffin (general info)  
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                       or  
                       Brooke Bassin (payment options)  
                       brooke.bassin@barefootworkshops.org

**FACT:**  
 According to UNAIDS, more than 24.5 million people are living with HIV in the sub-Saharan region out of a global total of 38.6 million. As of June 2006, only one in four living in resource-poor countries were receiving antiretroviral treatment.

Africa, which is home to 14% of the world’s population, and carries 25% of the global disease burden, has only 1.3% of global health workers. More than 75% of the region's countries fall short of the World Health Organization (WHO) minimum standard of 20 physicians per 100,000 population. Countries are losing health professionals to wealthier nations. Nursing shortages are severe. This shortage is one of the most serious problems facing the success of antiretroviral treatment programs in Southern Africa.

**SOLUTION:**  
 The most effective treatment programs are those that are truly community-led. The Desmond Tutu HIV Foundation (DTHF) is well known as one of the first public clinics to offer antiretroviral therapy (ART) to those living with HIV in South Africa. They have recently pioneered a model of training, which empowers HIV-positive people to train as lay counselors and to treat and care for other HIV-infected people in their communities. The implications are great to multiply basic support services- such as home care visits, one-on-one counseling and initial education about antiretroviral treatment- and meet the growing need for health care workers, while boosting employment in under-served, impoverished communities.

**What is an NGO?**

*The World Bank defines NGOs as "private organizations that pursue activities to relieve suffering, promote the interests of the poor, protect the environment, provide basic social services, or undertake community development" (Operational Directive 14.70). In a wider usage, the term NGO can be applied to any non-profit organization which is independent from government. NGOs are typically value-based organizations which depend, in whole or in part, on charitable donations and voluntary service. Although the NGO sector has become increasingly professionalized over the last two decades, principles of altruism and voluntarism remain key defining characteristics.*

**WORKSHOP STRUCTURE**

For this one-month workshop, Barefoot will partner with the DTHF to produce a series of short training videos to assist lay health care workers to manage and pass on their lessons from the field. International students will participate in the production and design of media-rich learning modules that will educate professional and lay health care people on issues relating to the distribution of ART in HIV-affected communities. Regular field visits to Nyanga and Masiphumelele, communities with HIV prevalence rates of 24%, coupled with classroom instruction in storytelling and documentary filmmaking, will result in educational videos that can save lives and empower communities to care for themselves.

Students may also wish to create a training video for their own organization. Contact us to arrange such a project.

The workshop is set up for beginning to advanced students, with varying degrees of experience in media, who feel the pull to contribute to a grassroots non-profit organization (NGO) working in the arena of global health, youth empowerment, and holistic approaches to HIV/AIDS treatment and care.

Barefoot's goal is to create responsible filmmakers who care about the world around them and who make it a point to give back to the people they work with. The point of the workshop is to enrich and empower communities at a grassroots level, through learning and exchange. Barefoot encourages students internationally, to find their voice as filmmakers, while improving conditions locally by passing on their knowledge and skills others.

**COURSE STRUCTURE**

Week 1 - Students review equipment, develop themes for learning modules and outline a structure/script.

Week 2 - Students film together with DTHF staff and beneficiaries in the field. Students will learn to record sound, light and "shoot to edit".

Week 3 - Students shoot and transcribe video. Prepare to edit.

Week 4 - Students edit and weave learning modules together into an educational/training video.

## **CONTACTS/WEBSITES/RESEARCH**

The Desmond Tutu HIV Foundation (DTHF) was founded in January, 2004 by Professor Robin Wood and his wife Doctor Linda-Gail Bekker, and had its beginnings as an HIV research Unit based in New Somerset Hospital in the early 1990's. They offer counseling in nutrition, programs using antiretroviral treatment through community sites and clinics, research and training for youth and health care workers. The Foundation has become a source of advice for medical practitioners and a support for patients, with its experience and dedicated team of over one hundred doctors, nurses, researchers and community-trained field workers, all working together to provide a holistic approach to the HIV epidemic.

[www.tutu-hivfoundation.org.za/](http://www.tutu-hivfoundation.org.za/)

See video about DTHF on Barefoot's Alumni Gallery Page.

<http://www.barefootworkshops.org/>

AVERT <http://www.avert.org/>

UNAIDS <http://www.unaids.org>

World Health Organization <http://globalatlas.who.int/>