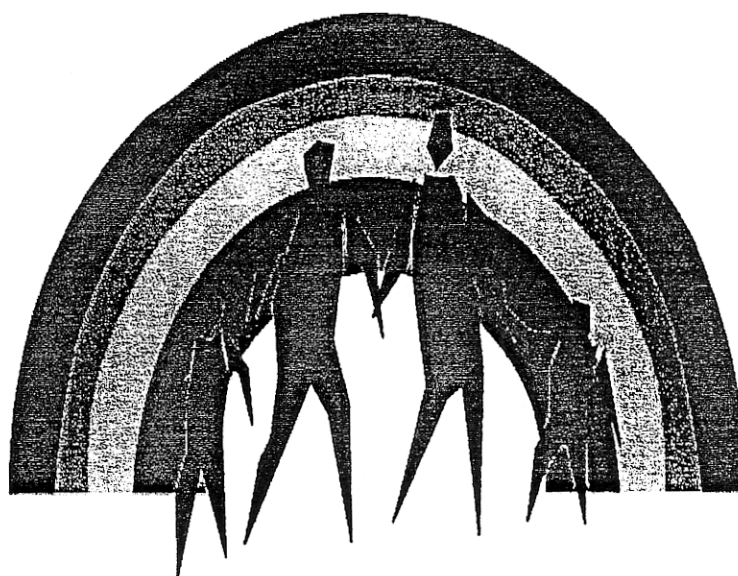




Desmond Tutu HIV Foundation

Masibambane Ngezandla



Desmond Tutu HIV Foundation
P O BOX 13801, MOWBRAY, 7705
Cape Town, South Africa
(T) 27 21 6506966
(F) 27 21 6506963

VOLUNTARY COUNSELLING AND TESTING

How long is the counselling session?

20 minutes

How long does it take to know your results?

15 minutes

From what age can one consent to do the HIV test?

14 years

If under 14, a parent needs to be present

Where to go for a HIV test in the South Peninsula?

Nomzamo Clinic

021 785 3556

False Bay Hospital

021 782 1121

Fish Hoek Clinic

021 782 3847/6490

Ocean View Clinic

021 783 1688/1766

Simonstown Clinic

021 786 1555

What to do if you are HIV -?

Get more information about HIV at

Desmond Tutu HIV foundation



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021 650 6966
021 785 3121 (Masiphumelele)
For Vaccine Trials

Uluntu Centre Gugulethu
021 633 8928
For Vaccine Trials

Love Life thetha junction
0800 121 900 for youth
0800 121 100 for parents

A - Abstain from Sex

B - Be faithful to an HIV – partner

C – Condomise: always use a condom when having sex

What to do if you are HIV +?

Live a positive life style

Places to get Antiretroviral Treatment

Desmont Tutu HIV foundation
021 650 6966
Masiphumelele 021 785 5486
Hannan Crusade 021 633 5963

False Bay Hospital
021 782 1121